

Race Date  
May 20, 2017

Gem Grit Grinder  
Lap Results - Overall Summary

**CAT 1/2 - Whole**

**Males**

| <u>Pos.</u> | <u>Name</u>       | <u>Bib No</u> | <u>Gend / Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|-------------------|---------------|-------------------|-------------------|-------------|
| 1           | Joel Brazil       | 12            | M 99              | 2:14:15.2         | 2           |
| 2           | Todd Meier        | 56            | M 99              | 2:14:58.1         | 2           |
| 3           | Russell Thorstrom | 59            | M 99              | 2:25:29.2         | 2           |
| 4           | Scott Robinson    | 61            | M 99              | 2:31:48.2         | 2           |
| 5           | Sean O'Shea       | 11            | M 99              | 2:45:45.3         | 2           |

Race Date  
May 20, 2017

Gem Grit Grinder  
Lap Results - Overall Summary

**CAT 4/5 - Whole**

**Females**

| <u>Pos.</u> | <u>Name</u>     | <u>Bib No</u> | <u>Gen</u> / <u>Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|-----------------|---------------|-------------------------|-------------------|-------------|
| 1           | Trisha Wineman  | 846           | F 99                    | 3:01:46.2         | 2           |
| 2           | Maya Lovlien    | 852           | F 99                    | 3:12:58.4         | 2           |
| 3           | Nadine Carter   | 855           | F 99                    | 3:20:40.1         | 2           |
| 4           | Wendy Alexander | 851           | F 99                    | 3:26:07.5         | 2           |

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**CAT 4/5 - Whole**

**Males**

| <u>Pos.</u> | <u>Name</u>        | <u>Bib No</u> | <u>Gen</u> / <u>Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|--------------------|---------------|-------------------------|-------------------|-------------|
| 1           | Michael Atkins     | 749           | M 99                    | 2:15:32.1         | 2           |
| 2           | Rob Beard          | 650           | M 99                    | 2:17:21.2         | 2           |
| 3           | Zeban Stroebelhaft | 751           | M 99                    | 2:29:03.8         | 2           |
| 4           | Christian McKenna  | 688           | M 99                    | 2:29:24.5         | 2           |
| 5           | Dale Nelson        | 693           | M 99                    | 2:29:47.1         | 2           |
| 6           | Brandon Bentz      | 750           | M 99                    | 2:31:54.9         | 2           |
| 7           | Kyle Gray          | 667           | M 99                    | 2:34:08.1         | 2           |
| 8           | Pete Rittenger     | 701           | M 99                    | 2:34:42.1         | 2           |
| 9           | Whallon Brandon    | 758           | M                       | 2:36:52.6         | 2           |
| 10          | Adam Franklin      | 699           | M 99                    | 2:36:53.0         | 2           |
| 11          | Garret Smith       | 670           | M 99                    | 2:36:55.2         | 2           |
| 12          | Jake Hampton       | 752           | M 99                    | 2:38:29.5         | 2           |
| 13          | Scott Winkler      | 740           | M 99                    | 2:38:43.5         | 2           |
| 14          | Zachary Rose       | 714           | M 99                    | 2:40:14.0         | 2           |
| 15          | Louie Konkol       | 632           | M 99                    | 2:42:45.5         | 2           |
| 16          | Paul Concidine     | 621           | M 99                    | 2:45:14.3         | 2           |
| 17          | Dave Jansik        | 754           | M 99                    | 2:50:29.4         | 2           |
| 18          | Alek Konkol        | 709           | M 99                    | 2:54:03.3         | 2           |
| 19          | Ty Ketlinski       | 631           | M 99                    | 2:56:08.0         | 2           |
| 20          | John Mooney        | 633           | M 99                    | 3:01:01.9         | 2           |
| 21          | Jeff Smith         | 757           | M 99                    | 3:14:45.3         | 2           |
| 22          | Ellis Hawks        | 753           | M 99                    | 3:26:55.2         | 2           |
| 23          | Ben Stein          | 745           | M 99                    | 1:17:48.2         | 1           |
| 24          | Michael Lantz      | 755           | M 99                    | 1:50:41.0         | 1           |
| 25          | Braden Cissney     | 676           | M 99                    | 1:51:17.8         | 1           |

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**CAT 3 - Whole**

**Females**

| <u>Pos.</u> | <u>Name</u>   | <u>Bib No</u> | <u>Gend / Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|---------------|---------------|-------------------|-------------------|-------------|
| 1           | Erin Shelton  | 515           | F 99              | 2:44:41.7         | 2           |
| 2           | Kate Shanahan | 517           | F 99              | 2:50:24.0         | 2           |
| 3           | Tiedji Baker  | 504           | F 99              | 3:20:39.2         | 2           |

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**CAT 3 - Whole**

**Males**

| <u>Pos.</u> | <u>Name</u>       | <u>Bib No</u> | <u>Gend / Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|-------------------|---------------|-------------------|-------------------|-------------|
| 1           | Spencer Severance | 385           | M 99              | 2:14:17.5         | 2           |
| 2           | Mark Lovlien      | 326           | M 99              | 2:14:40.1         | 2           |
| 3           | Brian Morra       | 392           | M 99              | 2:14:40.4         | 2           |
| 4           | Thomas McDonagh   | 302           | M 99              | 2:16:53.2         | 2           |
| 5           | Neil Ragan        | 323           | M 99              | 2:19:39.9         | 2           |
| 6           | Gregg Lasher      | 334           | M 99              | 2:27:28.9         | 2           |
| 7           | Erik Young        | 356           | M 99              | 2:27:57.0         | 2           |
| 8           | Henry Harper      | 318           | M 99              | 2:28:02.7         | 2           |
| 9           | Jeff Ward         | 393           | M 99              | 2:32:24.7         | 2           |
| 10          | Steven Parker     | 377           | M 99              | 2:32:26.9         | 2           |
| 11          | Tim Richter       | 325           | M 99              | 2:34:36.2         | 2           |
| 12          | Gabrielle Keck    | 309           | M 99              | 1:06:25.2         | 1           |
| 13          | Jake Armstrong    | 327           | M 99              | 2:28:05.5         | 1           |

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**CAT 4/5 - Half**

**Females**

| <u>Pos.</u> | <u>Name</u>      | <u>Bib No</u> | <u>Gend / Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|------------------|---------------|-------------------|-------------------|-------------|
| 1           | Barnes Keri      | 812           | F 1               | 1:24:40.1         | 1           |
| 2           | Jessica Grunke   | 817           | F 99              | 1:44:35.2         | 1           |
| 3           | Joy Adams        | 810           | F 99              | 2:18:07.5         | 1           |
| 4           | Emily Summerhays | 854           | F 99              | 2:22:51.6         | 1           |
| 5           | Gabrielle Krake  | 853           | F 99              | 2:29:47.7         | 1           |

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Gem Grit Grinder  
Lap Results - Overall Summary

**CAT 4/5 - Half**

**Males**

| <u>Pos.</u> | <u>Name</u>          | <u>Bib No</u> | <u>Gend / Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|----------------------|---------------|-------------------|-------------------|-------------|
| 1           | Josh Udesen          | 762           | M 99              | 1:24:07.2         | 1           |
| 2           | Niclas Krake         | 760           | M 99              | 1:25:04.4         | 1           |
| 3           | Christian Summerhays | 761           | M 99              | 2:25:38.4         | 1           |
| 4           | Chris Dresden        | 747           | M 99              | 2:49:01.7         | 1           |

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Gem Grit Grinder  
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**Juniors - Half**

**Females**

| <u>Pos.</u> | <u>Name</u>     | <u>Bib No</u> | <u>Gen</u> / <u>Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|-----------------|---------------|-------------------------|-------------------|-------------|
| 1           | Anneliese Krake | 849           | F 99                    | 2:17:20.4         | 1           |
| 2           | Isabelle Krake  | 850           | F 99                    | 2:17:57.0         | 1           |



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**Masters - Half**

**Females**

| <u>Pos.</u> | <u>Name</u>      | <u>Bib No</u> | <u>Gen</u> / <u>Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|------------------|---------------|-------------------------|-------------------|-------------|
| 1           | Aileen Frey      | 847           | F 99                    | 1:47:51.4         | 1           |
| 2           | Kealoha Nicholes | 822           | F 99                    | 1:53:40.8         | 1           |
| 3           | Sarah Morra      | 848           | F 99                    | 2:22:21.8         | 1           |

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**Masters - Half**

**Males**

| <u>Pos.</u> | <u>Name</u>    | <u>Bib No</u> | <u>Gend / Age</u> | <u>Total Time</u> | <u>Laps</u> |
|-------------|----------------|---------------|-------------------|-------------------|-------------|
| 1           | Matthew Morra  | 743           | M 99              | 1:15:35.9         | 1           |
| 2           | Rob Sterling   | 759           | M 99              | 1:18:28.6         | 1           |
| 3           | Kevin Nicholes | 376           | M 99              | 1:23:42.9         | 1           |
| 4           | Scott Frey     | 748           | M 99              | 1:24:54.5         | 1           |
| 5           | Dennis Allen   | 746           | M 99              | 1:50:24.8         | 1           |
| 6           | Russ Buschert  | 764           | M 99              | 1:52:09.7         | 1           |